



SPECTRA GENIE

YOGA CLASSES

*Online classes , Batch size 10
3 days a week , 1 hour each*

Batch Timings :

**6.00-7.00 am
10.00-11.00 am
6.00-7.00 pm**



**+91 9810833370
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Yoga first , then all of the things.

**The most effective Online Yoga
sessions by a very experienced
Yoga Instructor**



**Peace Of
Mind**



**Get Rid Of
Obesity**



**Increase Arm
Strength**



**Get Rid Of
Arthritis**



**Less Chance Of
Heart Disease**



**Improves
Digestion**

Register immediately

Limited seats available

First cum first serve